Signposting for parents

At Hermitage we recognise that some parents need support outside of school. We are created a list of different services in Cheshire East that parents and carers can access.

Ruby's Fund

Website: www.rubysfund.co.uk

Ruby's is an award winning charity supporting children and young people aged 0-18 years old with Special Educational Needs and Disabilities (SEND) and their families and carers in Cheshire East. We provide high-quality facilities onsite at our centre in Congleton and outreach sessions at partner venues and onboard our mobile sensory bus. We offer person-centred support, by a dedicated team of staff and volunteers, who are equipped with a wide range of knowledge, expertise and lived experience. We offer coordinated support and action to improve the quality of life and wellbeing to individuals and groups in Cheshire East with some of the most vulnerable and complex needs.

Space4Autism

Website: www.space4autism.com

Space4Autism was set up by parents in 2005. We are a voluntary run charity and we support the whole family by running over 4000 activities per year for all ages living with ASC.

Cheshire East Family Hubs

Website: Family Hubs

Family hubs support children and young people from 0-19 (or up to 25 for young people with special educational needs and disabilities).

Cheshire East Parent Carer Forum

Website: www.cepcf.org

Cheshire East Parent Carer Forum welcomes all parent carers who have children / young people (age 0-25) with SEND in Cheshire East. Members can access information, peer support and training from CEPCF, and can share their lived experiences and views of SEND services in Cheshire East to help make things better.

Cheshire East Information and Advice Service

Website: www.ceias.cheshireeast.gov.uk

Cheshire East's Information Advice and Support (CEIAS) team provide free, impartial information, advice and support to children and young people with special educational needs and disabilities (SEND) from birth to 25 years old who live in Cheshire East, we also support their parents and carers. We recognise and respect diversity and, in our day to day work we aim to reduce and remove existing inequalities and barriers.

Young Carers

Website: Support for young carers

A Young Carer is someone aged 5 to 17 who helps to look after someone in their family who is unwell, disabled, has a special educational need or misuses drugs or alcohol. This may be a sibling, a parent or another family member. They may care for more than one person or even have a condition or SEND themselves.

Cheshire East Carers Hub

Website: www.cheshireeastcarershub.co.uk

Do you live in Cheshire East and look after someone?

You could be entitled to emotional, practical and financial support through the Cheshire East Carers Hub service.

We want to understand how you are doing physically and emotionally. If you reach out to us for support we will explore how we can help you in your caring role now and plan for the future.

We will work with you to find solutions and identify support and resources available to you in Cheshire East.

Visyon

Website: www.visyon.org.uk

The best way for you to get support is to call our friendly Initial Contact Team on **01260 290000 (Option 1).**

They are available Monday to Thursday - 9am-5pm

You don't need a referral from a GP or your school, you or your parent can call us directly to discuss your concerns and the support we offer you is completely free of charge.

During the call we will ask a few questions and tell you about what Visyon has to offer. Whatever you share with us we will listen, you are not alone with how you are feeling. We'll help you to decide what happens next on your journey into feeling more in control of your mental health again. You have already made the brave step of seeking out support and we'll help you with the next step!

Cheshire East Family Information Service (FIS)

Website: Cheshire East Family Information Service (FIS) |

Family Information Service is the front door service for families, carers and young people in East Cheshire.

We can provide support with your enquiry, whatever it may be.

We also hold detailed, up to date, accurate, information on registered childcare. This includes childminders, creches, day nurseries, holiday playschemes, nursery schools and classes, out-of-school clubs and pre-school playgroups. Information on local activity groups and places to go for children, young people and families. A signposting service to organisations offering services to children, young people, parents and carers and professionals who work with them. This includes details of organisations in Cheshire, regionally and nationally that offer advice and guidance on specific topics, for example, additional needs, drugs and alcohol, and family support.

Days Out and Meals Out-SEND activities

Website: SEND Sessions and activities in Cheshire

These fabulous companies have made their venues inclusive for everyone by adding SEND sessions to their calendars. These are suitable for people with special educational needs and disabilities. Please always check out their websites and socials to get up to date info.

Witherslack Group

Website: SEN Support, Advice and Resources - Witherslack Group

We are here to provide support, advice, and guidance for parents and carers of children and young people with special educational needs (SEN), as well as for professionals working within the SEN sector.

Closely collaborating with SEN professionals who kindly share their experience and expertise to our knowledge hub, we've built an extensive library of SEN resources offering a range of advice and support.